

KUMAUN UNIVERSITY, NAINITAL
PROGRAMME FOR M.A. YOGA I, III AND IV SEMESTER,
EXAMINATION-2016

Time : 11.00 AM-2.00 PM

DATE & DAY	I SEMESTER	III SEMESTER	IV SEMESTER
09-05-2016 (Monday)	Y101-Pillars of Yoga	----	Y401- Alternative Therapies
10-05-2016 (Tuesday)	----	Y301 - Principle of Naturopathy	----
11-05-2016 (Wednesday)	Y102 - Principle of Hath Yoga	----	Y402 - Yoga Therapy
12-05-2016 (Thursday)	----	Y302 - Research Methodolgy	----
13-05-2016 (Friday)	Y103 - Basic of Psychology and Yoga	----	Y403 - Health, Diet & Nutrition
14-05-2016 (Saturday)	----	Y303 - Yoga & Ayurveda	----
16-05-2016 (Monday)	Y104 - Anatomy Philosophy and Yogic Practice	----	----
17-05-2016 (Tuesday)	----	Y304 - Teaching Methodology of Yogic Practice	----

Note - No guarantee can be given to the candidates regarding the order of the question papers.

Place : Nainital
Date : 22-04-2016

Rajendra Kande
Controller of Examinations
Kumaun University, Nainital